



December 12, 2016

David Gray

Cc: April Harris-Britt

RE: IRB No. 16-1209 (Dissertation) "Diminishing Fear of Spiders As a Function of Sleep Following Exposure to Desensitizing Stimuli" by David Gray.

Dear David,

Congratulations! On behalf of the Fielding Institutional Review Board, it is my pleasure to confirm that the IRB documents received for the **Dec 2016** IRB review cycle have been **APPROVED**.

STUDY ID:	16-1209 GRAY David (PSY Dec 2016)
TYPE:	Dissertation *
CATEGORY:	Minimal Risk (Expedited)
DETERMINATION:	APPROVED (12/12/2016)
EXPIRATION:	12/11/2017

This study is subject to continuing review by 12/11/2017 unless closed before this date.

* This approval only applies to the study type(s) listed. If this is an HOD Pilot study, you must upgrade your study to dissertation-status via the Revision Request process before beginning your dissertation work. Revision Request instructions can be downloaded from the IRB website. All other pilots must submit a new IRB application for their dissertation study.

This approval does not replace any other permissions or approvals required of students, faculty, or other researchers. If committee or other approvals are required to conduct your study, all approvals must be received by the researcher before recruitment, enrollment, or data collection begins. Each school has very specific requirements for approvals to be obtained and the IRB requests that you ensure that all requirements have been met. If institutional/organizational approvals are required, retain a copy of the approval(s) with your study documents.

The following information is provided to help you comply with human subjects protection requirements:

1. You must adhere to the Belmont Commission's ethical principles of respect, beneficence, and justice.
2. You must use the final IRB approved study documents to conduct your study.
3. All recruitment materials must receive IRB approval prior to utilization.
4. You must submit reports on unexpected or serious adverse events experienced by participants.
5. Federal guidelines require that projects undergo continuing review at least once a year. You will receive a communication approximately 4 weeks prior to the expiration date noted above. Complete and return the required documents prior to the expiration date to avoid a lapse of approval.
6. After you complete your study, go to http://web.fielding.edu/private/research/IRB_Forms.asp and download the Status Report form. Email the completed form to irb@fielding.edu.

7. Documentation of informed consent and a written research summary for your project must be maintained for at least three years following the date of completion. Documentation may be in hard copy, electronic, or other media formats. The IRB may review your records relating to this project.

Any proposed changes or modifications to your approved study must be submitted to the IRB for review and approval. Some changes may be approved by expedited review; others may require full board review. **Revision Request Instructions** can be downloaded from the IRB website.

Once your study has completed, you must submit an IRB **Status Report** form to the IRB office. Submitting this form will initiate the formal closure of your study OR allow you to request an extension of your approval expiration. This form may be submitted at any time during your approval period but must be received no later than 2 weeks prior to your study expiration date. The Status Report form can be downloaded from the IRB website.

Please contact irb@fielding.edu if you have any questions or require further information.

Best wishes,

Annabelle Nelson, PhD
Institutional Review Board Chair
Fielding Graduate University